

Aubergine and potato palatas

(Serves 2)



Ingredients

1 large long aubergine
2 medium sized potatoes
2 tbsp fresh coriander leaves
Juice of a lime
Ground nut oil for frying

For the paste

1 preserved lemon salt water

2 tsp ginger

1 tbsp peanuts

1 tsp green rocket chilli

½ bunch spring onions

3 tbsp fresh coriander leaves

1/4 tsp turmeric

1 tsp cumin powder

2 tsp coriander powder

1 tbsp rapeseed oil

½ tsp palm sugar

Salt to taste

Preparation

Heat the oven at 180°c / gas mark 5

Slice the potatoes length ways into ½ cm slices and slice the aubergine into 1 cm width slices

Grind the peanuts in a mini processor or simply use a pestle and mortar

Method

- 1. For the paste: Mix all the ingredients together to form a paste.
- 2. Rub the paste onto both sides of the vegetables and shallow fry in a large frying pan, on a medium heat for 10 mins, turning until softened and golden brown.
- 3. Place in the oven for 15 mins to finish off. (Turn half way through.)
- 4. Remove form the oven and squeeze over lime juice. Place alternate layers of potato and aubergine to form a tower and garnish with fresh coriander leaves.

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